

# Maya Religion

## Gods and Goddesses

Maya religion was polytheistic, with gods representing natural forces, creation, and death. Key deities included Itzamna (creator god), Chaac (rain god), and Kukulcan (feathered serpent). Rituals involved offerings, prayers, and sometimes human sacrifice to maintain cosmic balance.

## Maya Religion: Gods and Goddesses

The Maya were **polytheistic**, worshipping many gods who controlled nature, the cosmos, and human life. Some important deities included:

- **Itzamna** – the creator god and ruler of the heavens.
- **Chaac** – the rain god, crucial for farming.
- **Kukulcan (Quetzalcoatl)** – the feathered serpent god of wisdom and wind.
- **Ah Puch** – the god of death and the underworld.
- **Ix Chel** – goddess of fertility, medicine, and weaving.

Maya religious practices included **prayer, offerings, bloodletting, and human sacrifice**, often performed in temples to appease the gods. Priests played a vital role in society, acting as intermediaries between the people and the gods.

## Maya Gods and Goddesses – A Simple Guide

The **Maya people** worshiped many gods and goddesses, each controlling different parts of life, nature, and the universe. They believed these gods helped with things like rain, the sun, farming, and even the afterlife.

Here are some of the most important Maya gods and what they did:

### Main Maya Gods and Goddesses

#### Itzamná – The Creator

- The most powerful god who created the world.
- Also a god of wisdom, writing, and the sky.

#### Kukulcan – The Feathered Serpent

- A powerful god who looked like a snake with feathers.
- He controlled the wind, rain, and knowledge.
- A famous temple in Chichén Itzá is dedicated to him!

## **Chaac** – The Rain God

- He controlled the rain, storms, and water.
- Farmers prayed to him for good crops.
- He is shown with a long, curled nose and an axe.

## **Ah Puch** – The God of Death

- He ruled the underworld (called **Xibalba**).
- He looked like a skeleton and was linked to darkness.

## **Ix Chel** – The Moon Goddess

- She was the goddess of the moon, babies, healing, and weaving.
- Women worshiped her, hoping for safe childbirth.
- She is sometimes shown with a snake on her head.

## **Hun Hunahpu** – The Maize (Corn) God

- He represented corn, the Maya's most important food.
- His story is about death and rebirth, just like crops that grow again every year.

## **Hunahpu & Xbalanque** – The Hero Twins

- Two brothers who were great warriors and ballplayers.
- They beat the evil lords of the underworld in a magical ball game!

## **Ek Chuah** – The Merchant & Cacao God

- He protected traders and people who grew cacao (chocolate!).
- He sometimes looked fierce because he was also a war god.

## **Camazotz** – The Bat God

- A scary bat god who lived in the underworld.
- Connected to night, darkness, and sacrifice.

## **Bacabs** – The Four Sky Holders

- Four gods who held up the sky from the four directions.
- Each one had a different color and power.

## Maya Religious Beliefs

The Maya believed that gods controlled everything, so they prayed, made offerings, and held festivals.

They sometimes did blood sacrifices to keep the gods happy.

They built huge pyramids and temples to worship their gods.

Maya religion was a big part of their lives, and they believed the gods could help or punish them. Many of their myths and legends are written in an ancient book called the **Popol Vuh**.

## Maya Religion: Temples, Myths, and Festivals

The **Maya** were an ancient civilization that lived in Mexico, Guatemala, Belize, and Honduras. They believed in many gods and built huge temples to worship them. Their religion was full of exciting myths and big festivals!

## Maya Myths and Legends

The Maya had amazing myths, which were written in a book called the **Popol Vuh**. Here are some of the coolest stories:

### The Hero Twins – Hunahpu & Xbalanque

- Two brothers, **Hunahpu and Xbalanque**, were great ballplayers.
- The evil lords of the underworld **challenged them to a deadly ball game** in Xibalba.
- The twins **tricked the lords** and defeated them, becoming **the Sun and the Moon!**

### The Maize God's Rebirth

- The **Maize God**, Hun Hunahpu, was killed and buried.
- But like a seed, he **grew again**, just like corn grows every year.
- This myth showed how important **corn** was to the Maya.

### Camazotz – The Bat God

- In the underworld, the Hero Twins had to sleep in the **House of Bats**.
- The terrifying bat god **Camazotz** swooped down and **bit off one twin's head!**
- The other twin tricked the underworld lords and brought his brother back to life.

## Maya Festivals and Rituals

The Maya had big festivals to honor their gods. Here are some important ones:

## Wayeb (New Year Festival)

- A scary **five-day period at the end of the year** when people believed evil spirits roamed the earth.
- The Maya **stayed home, fasted, and prayed** to stay safe.

## Chaac's Rain Ceremony

- To **ask for rain**, people **offered food, jewelry, and even sacrificed animals or humans** to the rain god **Chaac**.
- Maya priests also performed **bloodletting rituals**, where they **cut themselves** and offered their blood to the gods.

## Kukulkan's Equinox Festival

- Held at **Chichén Itzá**, where people gathered to watch the **shadow of the feathered serpent** appear on the pyramid.

## Day of the Dead (Hanal Pixán)

- A special **Maya festival for the spirits of the dead**.
- Families made **altars with food and candles** to welcome their ancestors back.

The Maya people were deeply religious, and their myths, temples, and festivals helped them feel connected to their gods.

## Religion and Festivals

The Maya worshiped many **gods** and had **big festivals** with **music, dancing, and sacrifices**.

Some important gods:

- **Kinich Ahau** – The Sun God.
- **Chaac** – The Rain God.
- **Kukulkan** – The Feathered Serpent.

They believed in an **afterlife** and thought the dead traveled through the **underworld (Xibalba)**.