

# Sarah & the Hurtful Messages



Sarah was a kind, creative girl who loved making videos and sharing them with her friends. She was always excited to show off her drawings or share her thoughts on her favourite TV shows. She had a small group of friends online who loved her videos and would always leave nice comments.

One day, Sarah uploaded a new video of herself drawing a picture of her favourite cartoon character. She worked really hard on it and couldn't wait to hear what her friends thought. But this time, something different happened. After she posted the video, she started receiving comments from someone she didn't know.

At first, the messages were just a little rude:

“Your drawing looks terrible.”

“You think you're good at art? Think again.”

Sarah felt a little hurt, but she told herself not to pay attention to the stranger's mean words.

However, the messages kept coming. They weren't just about her drawing anymore. The stranger started writing things like:

“You're so ugly. No one will ever like you.”

“You'll never be good enough, no matter what you do. People just laugh at you behind your back.”

Sarah couldn't believe it. The words hurt so much. She didn't want to share anything anymore. Every time she looked at her phone, the cruel comments were there, and it made her feel sick.

She started to feel like maybe the stranger was right. Maybe no one liked her, and maybe she wasn't good at anything. Sarah even considered deleting all her videos and quitting forever.

But one day, Sarah's friend Mia noticed something was wrong. Mia asked her if she was okay, and Sarah finally told her what had been happening. Mia immediately said, “Sarah, that's cyberbullying. Those people are being mean and trying to hurt you. You don't deserve that. You should tell your parents and report those messages.”

With Mia's encouragement, Sarah talked to her mom about what had been happening. Her mom said, “Sarah, I'm so sorry that people have said such mean things. You are amazing just the way you are, and those people don't get to make you feel bad about yourself. We'll block them, and we'll tell someone at school if we need to.”

Sarah's mom helped her report the bully and block the person from sending any more messages. Sarah also learned how important it was to stand up for herself and not keep hurtful things inside. She started talking to more friends about what had happened and realized that what the bully said wasn't true. She was strong, talented, and loved by the people who really mattered.

With time, Sarah got back to making her videos, and she knew she would never let anyone's cruel words stop her again.

The End